

## Sensory defensiveness table

	<b>STIMULUS</b>	<b>REACTION</b>	<b>MANAGEMENT</b>
<b>NOISE</b>	loud, sudden	anxiety, flap	quiet, walkman
<b>TOUCH</b>	soft, gentle	push, hit, hide	firm, seating
<b>SMELL</b>	strong	move, hold nose	avoid
<b>EYE</b>	direct eye cont	gaze aversion	don't demand, try sunglasses
<b>MOVE</b>	gravitational	fear, scream, cry	avoid fun parks, try trampoline
<b>LIGHT</b>	flicker, bright	squint, cover eye	natural light, out of direct sun
<b>ORAL</b>	small mouthful, textures, tastes	stuff mouth, chew hands,	drink with straw, crunchy food